

Job Satisfaction Checklist

Date: / /

Job/Role Title:

Brief Job/Role Description:

Instructions: Rate whether you mostly agree (yes) or mostly disagree (no) with the following statements about the job listed above.

Statement	Yes	No
#1- I enjoy almost every day at this job.		
#2 - This job is one of the stepping stones in my career and I want to do a good job in order to have better opportunities in the future.		
#3 - I am more interested in this job then I was when I started.		
#4 - I think I may be moving toward or potentially have found my calling with this job.		
#5 - I enjoy learning new things on this job, almost every day.		
#6 - Setbacks at work don't discourage me. I don't give up easily.		
#7 - I like setting personal and professional goals, and I use this job to accomplish my goals		
#8 - I have the autonomy to do this job the way that I think is best.		
#9 - I enjoy collaborating with my peers at this job. It is one of the best parts of this job.		
#10 - I'm working hard to get better and better at this job. Someday I hope to master all of the elements of this job, move on to the next level, and keep getting better and better		

Is there anything you would like to comment or elaborate on based on your answers?

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Scoring: Give yourself one point for every "Yes" answer.

1 - 2 points - You are working for a living, your current job is probably just a job.

2 - 4 points - You are enjoying your job, and you may be working on a career.

4 - 6 points - You are getting grittier, and working on something you value.

6 - 8 points - You may have found your calling.

8 - 10 points - Excellent! I wish I had your job, and probably your life.